Dishes and Allergen Content: A La Carte Summer-Autumn 2019

	Cereals (Gluten)	Crusta-ceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame	Sulpher Dioxide	Lupin	Molluscs
Soup (always GF/VE)														
Garlic Mushrooms (V)(GF)							X							
Lamb Kofta Kebab (GF)														
Smoked Haddock (GF)				X										
Roasted Veg Ravioli (V)	X		X				X							
Ragu Sauce (Ravioli)												X		
Beef Bourgignon Pie	X											X		
Saffron Lemon Chicken (GF)														
Breaded Cod	X		X	X			X							
Lamb Balti														
Cajun Veg Kebab														
Halloumi Kebab							X							
Garlic Bread/Naan Bread	X						X							
Pitta Bread	X													
Sweet Potato Fries														
Gluten Free Pitta														
Gluten Free Naan														
Gluten Free Bread Roll						X								
Minted Yogurt (Kofta)							X							
Garlic Aioli			X											